What is claimed is:

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1. A syringe, comprising:

a syringe body that includes an outer member having a distal end and a proximal end and an inner member having a distal end and a proximal end;

a bridge integrally formed with said inner and outer members and disposed between said proximal and distal ends thereof that joins said inner and outer members together; and a vent that allows air to escape and being joined to at least one of said inner and outer members.

- 2. A syringe of Claim 1 wherein said bridge is more adjacent to said distal ends than said proximal ends.
- 3. A syringe of Claim 1 wherein said vent contacts said proximal end of said inner member.
- 4. A syringe of Claim 1 wherein said syringe is a first syringe and further including a second syringe joined to said first syringe for at least one of: creating negative pressure to draw blood into said first syringe and providing positive pressure to cause blood to move from said first syringe.
- 5. A syringe of Claim 1 further including a vent cap joined to at least one of said inner and outer members for holding said vent to said at least one of said inner and outer members.
- 6. A syringe of Claim 5 wherein said syringe is a first syringe and further including a second syringe joined to said vent cap for controlling a flow of blood relative to said first syringe.

- 7. A syringe of Claim 1 wherein said bridge is spaced from said distal ends of said inner and outer members.
- 8. A syringe of Claim 1 wherein said proximal end of said inner member is substantially coterminous with said proximal end of said outer member.
- 9. A syringe of Claim 1 wherein said body distal end includes a luer lock to which a locking cap is joined.
 - 10. A method for using a first syringe, comprising: providing a first syringe; coupling a second syringe to said first syringe; and controlling blood flow relative to said first syringe using said second syringe.
- 11. A method of Claim 10 wherein said providing includes providing said first syringe with an outer member and an inner member and said second syringe includes a plunger assembly for use in selectively producing a negative pressure and a positive pressure relative to said first syringe.
- 12. A method of Claim 10 wherein said first syringe includes inner and outer members integrally joined together adjacent to distal ends thereof.
- 13. A method of Claim 10 wherein said controlling includes causing blood to flow from said first syringe in order to test said blood.
- 14. A method of Claim 10 wherein said first syringe has a vent joined thereto and said coupling step includes joining a vent cap to a body of said first syringe adjacent said vent, said vent cap including a mating body to which said second syringe is coupled.

15. A method for sterilizing syringes, comprising:

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providing a plurality of syringes including at least first and second syringes in a container, said first and second syringes being adjacent to each other and being free of any package that separates said first and second syringes from each other; and sterilizing said plurality of syringes in said container.

- 16. A method of Claim 15 wherein each of said at least first and second syringes has a distal end adjacent to which a distal cap is joined before said sterilizing.
- 17. A method of Claim 15 wherein each of said at least first and second syringes is free of any .plunger. assembly used to control blood flow.
- 18. A method of Claim 15 further including removing a cap from said first syringe, joining a syringe needle thereto and using said first syringe to obtain blood.